

### What is FEMIFERT™?

A zinc-based food supplement that contributes towards normal fertility and reproduction, B6 that helps regulate hormonal activity, and D-chiro-inositol, linseed extract, sweet potato extract (Ipomoea batatas L-Lamb), Lagerstroemia leaf extract, zinc gluconate, vitamin B12 and folic acid.

D-chiro-inositol is an inositol that is usually produced naturally in the body, but some have difficulties to produce D-chiro-inositol by themselves.

D-chiro-inositol has been studied for its ability to influence several important bodily functions such as supporting cell signal functions. Studies have been conducted on groups where the cells' ability to react to insulin is impaired and on groups that have experienced difficulties conceiving. These studies have shown that D-chiro-inositol has a positive effect on women's hormone production and egg development.

### Dosage

1 capsule daily for 6 months is recommended. The capsule can be taken at any time of day. Take with water.

Pregnant and nursing women should seek medical advice before use. Store at room temperature (not above 25°C).

### Contents

20 capsules.

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### References

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